



Art of Body Treatment

Traditional Balinese Massage

Duration	Price
60 minutes	IDR 950.000
90 minutes	IDR 1.200.000

This treatment is crafted to pamper the body, mind and spirits. The palm stroke movement of traditional Balinese massage employs age old techniques including stretching, long strokes, kneading and firm applications of pressure to release tension and enhance the flexibility by incorporating aromatic massage oil.

Aromatherapy Massage

Duration	Price
60 minutes	IDR 950.000
90 minutes	IDR 1.200.000

An ancient therapy designed to help the body get rid of toxins as soon as possible. An holistic healing treatment that combines the therapeutic power of essential oils with the physical benefits of massage therapy.

Deep Tissue Massage

Duration	Price
60 minutes	IDR 1.015.000
90 minutes	IDR 1.235.000

A type of massage therapy that focuses on realigning deeper layers of muscles and connective tissue surrounding muscles with firm pressure and slow strokes to reach deeper layers of muscle and fascia. It is especially helpful for chronic aches and pains and contracted areas such as stiff neck and upper back, low back pain, leg muscle tightness, and sore shoulders.

Asian Head Massage

Duration	Price
60 minutes	IDR 1.015.000

A holistic therapy blending traditional Asian massage with modern scalp science. Deep cleansing and a hydrating cream treatment combined with rhythmic acupressure stimulate hair growth and induce a state of profound clarity

Mother to Be

Duration	Price
60 minutes	IDR 1.015.000

A nurturing full-body massage designed specifically for expectant mothers. Using pregnancy-safe oils and supportive cushioning, we focus on relieving tension in the lower back and reducing swelling, leaving you feeling light and tranquil

**Note: require guests to be past 12th week (second trimester)*

All prices are in Indonesian Rupiah and inclusive 21% of Government Tax and Service Charge

Art of Body Treatment

FOR KIDS (Ages 4-11)

Duration	Price
45 minutes	IDR 750.000
75 minutes	IDR 950.000

Indulge your little ones in a day of pampering with a specially crafted spa treatment for kids at The Spa. Gentle techniques help promote calm, support healthy development, and provide a peaceful, nurturing experience.

The-30 minutes Reset

Duration	Price
30 minutes	IDR 505.000

A short, focused massage tailored to what your body needs on the day. Ideal when time is limited

(Back/Foot/Head, Neck, Shoulder)

Your Own Choice

Duration	Price
45 minutes	IDR 600.000

Choose your pathway to glowing skin. Whether you require the instant polish of a scrub to resurface the skin or the deep nourishment of a mask to heal and hydrate

(Choices of Body Scrub/ Body Mask)

All prices are in Indonesian Rupiah and inclusive 21% of Government Tax and Service Charge



Signature Package

DEWI PARWATI

Duration	Price
180 minutes	IDR 3.300.000

Known by many other names, Dewi Parwati is the gentle and nurturing form of the Supreme Hindu Goddess, Adi Parashakti (Shivashakti). Mostly seen as a mindful and delicate form of mother, she is the goddess of fertility, love, marriage and adherence with divine quality and supremacy.

- Foot Ritual
- Sauna
- Lulur Body Scrub
- Chocolate Body Mask
- Jacuzzi
- Traditional Balinese Massage
- Express Facial

DEWI LAKSHMI

Duration	Price
150 minutes	IDR 2.625.000

In Hinduism, Lakshmi, also called Mahalakshmi, is the goddess of happiness, loyalty, sincerity, goodness, eternity, life, beauty and peace. The companion and life partner of Dewa Wisnu.

- Foot Ritual
- Sauna
- Salt Body Scrub
- Jacuzzi
- Deep Tissue Massage

All prices are in Indonesian Rupiah and inclusive 21% of Government Tax and Service Charge



Signature Package

DEWI RUKMINI

Duration	Price
120 minutes	IDR 2.000.000

Most praised for her beauty, good virtue and her immense love, Dewi Rukmini is known as a form of Goddess Lakshmi, the companion and life partner of Lord Krishna.

- Foot Ritual
- Lulur body scrub
- Jacuzzi
- Aromatherapy Massage

DEWI SRI

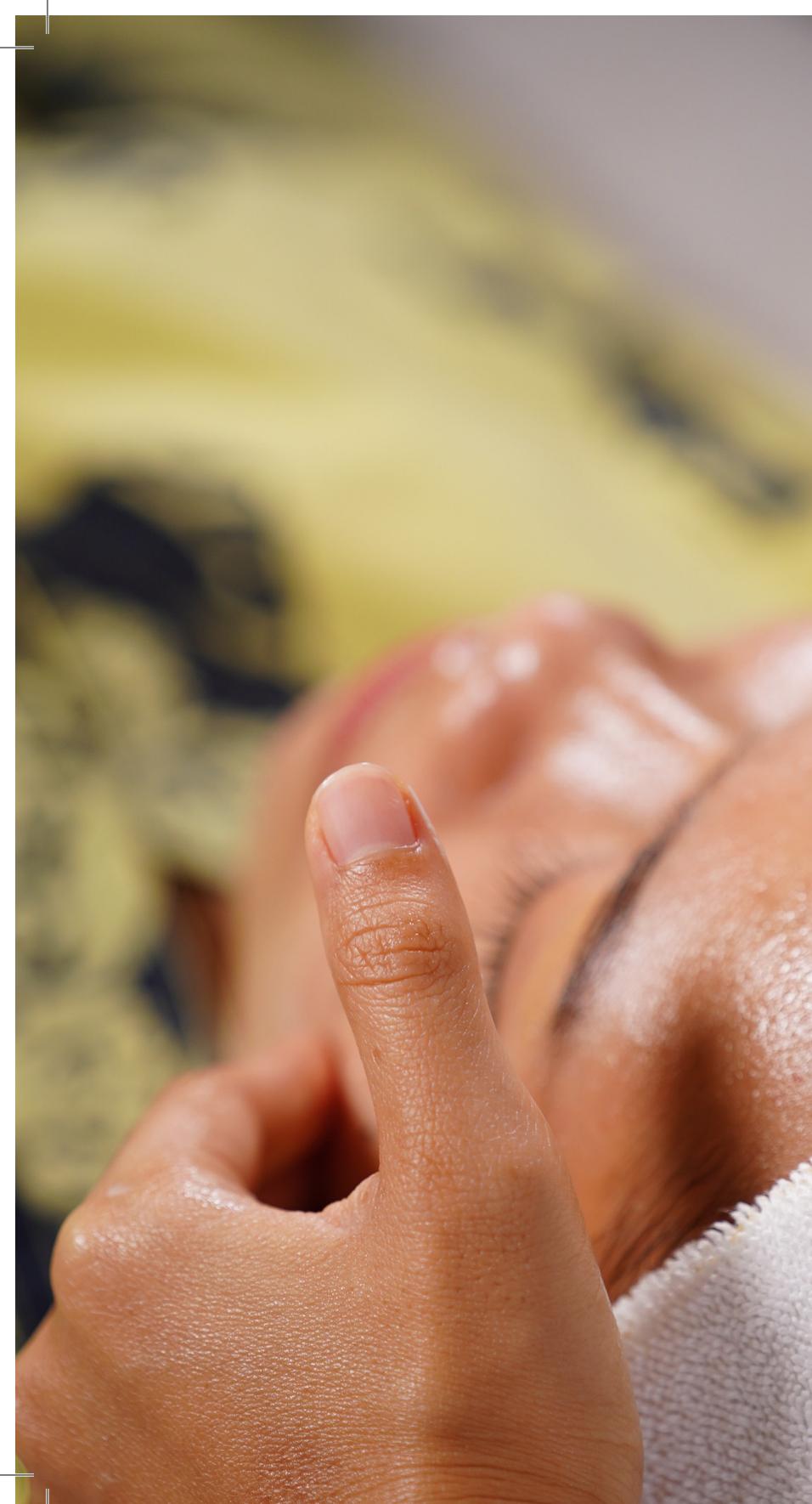
Duration	Price
90 minutes	IDR 1.300.000

Dewi Sri is the Goddess of the earth and known as the Goddess of rice and prosperity. The Balinese worship Dewi Sri as a motherly figure and have embodied the Goddess in their culture through the generations to the point that they dedicated special places of worship to her and dedicate a special day for her each month called 'Hari Bhatari Sri'.

- Foot Ritual
- Herbal Poultice Massage
- Express Facial

All prices are in Indonesian Rupiah and inclusive 21% of Government Tax and Service Charge





ART of FACE

Traditional Balinese Facial

Duration	Price
60 minutes	IDR 950.000

A Journey into traditional Balinese beauty. Using cooling herbs and rhythmic massage, this facial restores moisture and vitality to tired skin using the organic local ingredients with face acupressure.

Rejuvenating Dry

Duration	Price
60 minutes	IDR 1.200.000

A nourishing treatment specially designed for dry and dehydrated skin. This facial gently exfoliates surface cells, deeply hydrates, and replenishes lost moisture to restore softness and elasticity.

Balancing Combination

Duration	Price
60 minutes	IDR 1.200.000

A restorative treatment designed to rebalance combination and oily skin. Clarifying masks and lightweight hydrators work together to calm congestion, even skin tone, and restore harmony to the complexion.

Anti-Aging

Duration	Price
60 minutes	IDR 1.500.000

A rejuvenating treatment designed to target visible signs of aging and restore a youthful glow. This facial combines gentle exfoliation, firming massage techniques, and nutrient-rich serums to improve skin texture, enhance elasticity, and soften the appearance of fine lines and wrinkles.

Sunkissed

Duration	Price
45 minutes	IDR 850.000

With calming ingredients to reduce the appearance of redness and dryness. Nourishing masks and antioxidant-rich serums help revive radiance and promote a healthy, sun-kissed glow.

Express Facial

Duration	Price
30 minutes	IDR 750.000

This refreshing facial includes a deep cleanse, gentle exfoliation, and a customized mask to instantly revive and brighten the skin.

All prices are in Indonesian Rupiah and inclusive 21% of Government Tax and Service Charge



FOR Him

Organic Energize Facial

Duration	Price
60 minutes	IDR 1.350.000

A customized facial designed specifically for men's skin. This treatment deeply cleanses, exfoliates, and hydrates while addressing concerns such as ingrown hairs, clogged pores, and environmental stress.

Men's Renewal

Duration	Price
90 minutes	IDR 1.500.000

An invigorating spa experience created to restore balance and vitality. Combining relaxation techniques with therapeutic touch, this treatment melts stress, eases tension, and renews the body and mind.

- Foot Ritual
- Deep Tissue Massage
- Salt Body Scrub

All prices are in Indonesian Rupiah and inclusive 21% of Government Tax and Service Charge

SPA GAZEBO BY MERUSAKA

TRADITIONAL BALINESE MASSAGE

Duration	Price
60 minutes	IDR 750.000

This treatment is crafted to pamper the body, mind and spirits. The palm stroke movement of traditional Balinese massage employs age old techniques including stretching, long strokes, kneading and firm applications of pressure to release tension and enhance the flexibility by incorporating aromatic massage oil.

WARM OIL MASSAGE

Duration	Price
60 minutes	IDR 675.000

An ancient therapy designed to help the body get rid of toxins as soon as possible. During the treatment, the therapist applies warm oil to apply pressure at certain points on the body for a relaxing and nourishing massage.

TENSION RELIEF MASSAGE

Duration	Price
60 minutes	IDR 750.000

This treatment focuses on neck, shoulder and head, along with lower back, and spine areas. As the best-known type of bodywork performed today, one of the primary goals of the tension relief technique is to relax the entire body. This is accomplished by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart bringing utmost relaxation.

BACK MASSAGE

Duration	Price
30 minutes	IDR 385.000

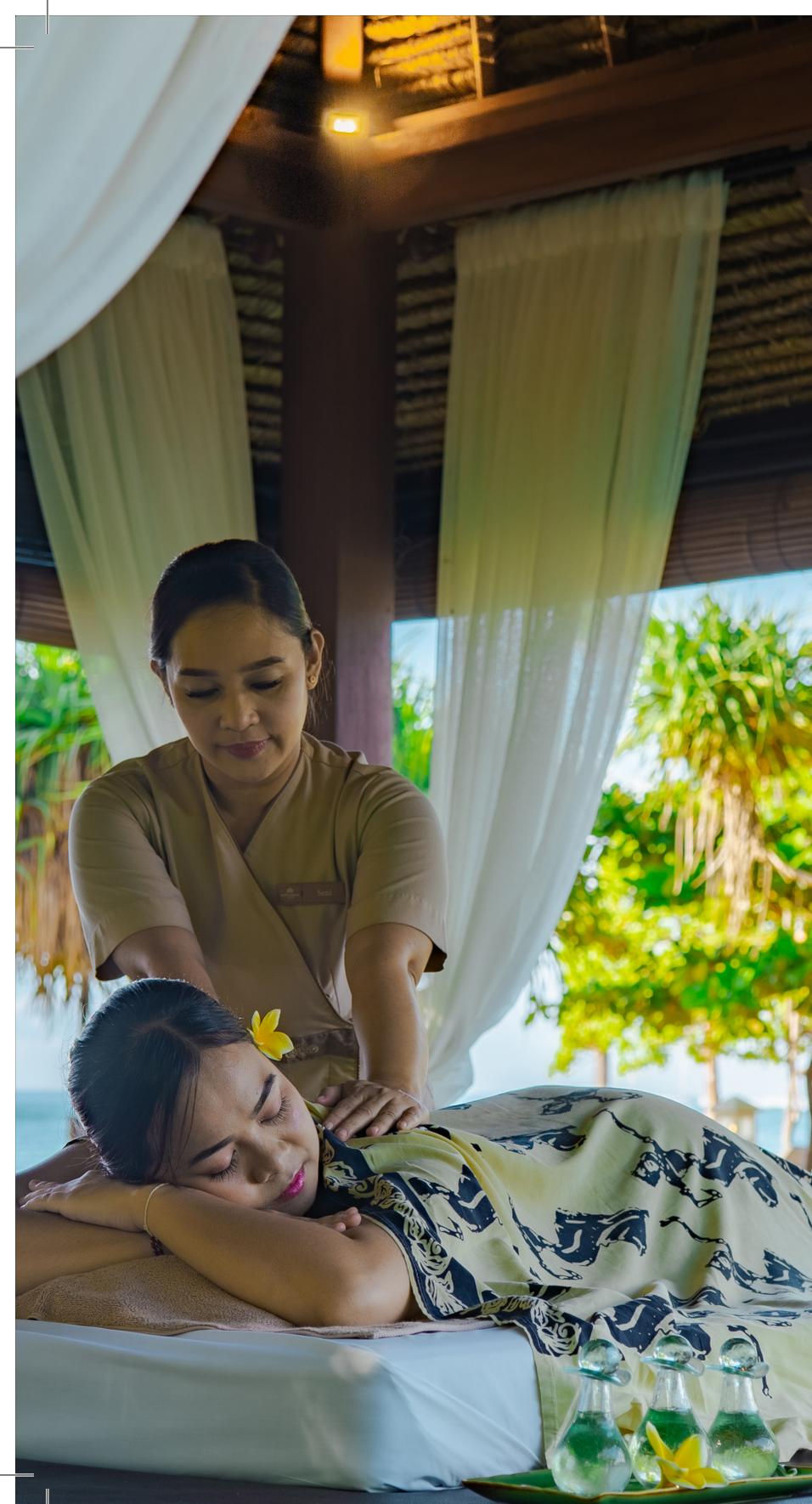
This treatment focuses on neck, shoulder, along with lower back, and spine areas. To increase blood flow to the skin and muscles. It helps ease pain and stiffness.

FOOT MASSAGE

Duration	Price
60 minutes	IDR 700.000

A rewarding treatment that positively impacts your entire body. Performed using the hands, foot massage effectively stimulates the reflex areas in the foot, helping to relax the whole body, leaving you with a rejuvenated energy to bring to your day.

All prices are in Indonesian Rupiah and inclusive 21% of Government Tax and Service Charge



Story & Inspiration

Inspired by the embodiment of the Seven Balinese Goddesses, Merusaka Nusa Dua designed Merusaka Spa to encapsulate the essences and values of the Seven Goddesses into a series of complete treatments.

Dewi in Indonesian language means goddess or a woman who has divine power. Hence, with this in mind, Merusaka Spa integrates a Balinese approach to wellness and meticulously develops treatments that are administered by a team of skilled therapists to provide the utmost relaxation.

Spa Etiquette

At Merusaka Spa, the health and wellbeing of our guests and employees are our top priorities. Hence, to ensure this, the hotel has adopted precautionary measures, with strict cleanliness, health and safety standards as advised and certified by the local authority.

Arrival time

Please arrive at least 15 minutes prior to your appointment time. Arriving late may affect the duration of your treatment.

Health Consideration

For your health and comfort, please advise upon booking of any allergies, ailments, or disabilities, especially if you have high blood pressure or are pregnant, as several treatments may not be recommended for you at this time. We also encourage you to shower prior to your treatment.

Spa Reservation

It is highly recommended that you reserve your treatments in advance to secure a time that best suits to your schedule. Cancellations A minimum of four hours' notice for cancellations or changes of appointment is required to avoid being charged 50% of the listed price. In the event of a no-show, you will be charged the full amount of your reservation. Gift Certificate Give the gift of comfort and wellness to your loved ones. Gift certificates

Cancellations

A minimum of four hours' notice for cancellations or changes of appointment is required to avoid being charged 50% of the listed price. In the event of a no-show, you will be charged the full amount of your reservation.

Gift Certificate

Give the gift of comfort and wellness to your loved ones. Gift certificates for spa treatments are available for purchase at the Merusaka Spa Reception.

